

## BECOMING DISCIPLES – *Episode 9: Family Matters*



Team Member Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Game Strategy** – Discipleship begins at home, men, especially when we're raising sons.

Be ready to take the field for this workout by completing the **Pregame Film Study**. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

### **Pregame Film Study**

1. View or listen to the episode referenced above.
2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

**Huddle Up** – Use these questions for personal reflection to share with your team at the workout.

### **Warm-up Questions:**

1. What particular point(s) caught your attention the most in this episode?
2. What is something useful that you learned from viewing this episode that you can apply in your own life?

### **Workout Questions:**

1. What did you learn about your role as a father in the family by listening to Chris Burak (the father)?
2. What did you learn from Peter, his son, as he explained what it was like growing up in the Burak family?
3. Describe what your family life was like when you were growing up.
4. Why is it important for you and your wife to have a "game plan" when it comes to raising a family?
5. What do you see as your total role in the family? What do you think your wife's role should be?
6. Do you think that "disciplining children" plays a big part in the stability of the family? What is your philosophy on disciplining children? Are you and your wife on the same page?
7. How critical of a role does faith play in building a spiritual foundation in your family now and into the future? What is your role in this faith process? Is there anything you would like to change to improve your current plan?

## BECOMING DISCIPLES – *Episode 9: Family Matters*

**Team Workout Plan** - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

**Postgame Recap** - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

1. Accept the call to disciple. The Lord will help you in the most difficult situations.
2. Make a pledge to step up.
3. Family time is FAMILY time.

Complete your **Personal Action Item**. 

### **Scripture References**

*Coming Soon!*

*The CTG Team is working on selecting material for this section.*

### **Coaching Tips**

“To maintain a joyful family requires much from both the parents and the children. Each member of the family has to become, in a special way, the servant of the others.”

~ *Pope St. John Paul II*

“As the family goes, so goes the nation and so goes the whole world in which we live.” ~ *Pope St. John Paul II*

"Let's not be naive: this isn't a simple political fight, it's an attempt to destroy God's plan. This is no mere legislative bill. It is a move by the father of lies to confuse and deceive the children of God."

~ *Pope Francis on Argentina's gay marriage bill*

"As the fundamental nucleus of society, the family has a right to the full support of the State in order to carry out fully its particular mission." ~ *Pope St. John Paul II*

### **Catechism Connection**

**542** Christ stands at the heart of this gathering of men into the “family of God.” By his word, through signs that manifest the reign of God, and by sending out his disciples, Jesus calls all people to come together around him. But above all in the great Paschal mystery—his death on the cross and his Resurrection—he would accomplish the coming of his kingdom. “And I, when I am lifted up from the earth, will draw all men to myself.” Into this union with Christ all men are called.

**2207** The family is the *original cell of social life*. It is the natural society in which husband and wife are called to give themselves in love and in the gift of life. Authority, stability, and a life of relationships within the family constitute the foundations for freedom, security, and fraternity within society. The family is the community in which, from childhood, one can learn moral values, begin to honor God, and make good use of freedom. Family life is an initiation into life in society.

See Also: **2205, 2232**

### **Personal Action Item**

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

*I commit to becoming spiritually fit by...*