

## BECOMING DISCIPLES – *Episode 5: Totally Obedient*



Team Member Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Game Strategy** – As coach would say, “Hey guys! Who are we kidding?” When we do whatever we want whenever we want to, that’s not discipleship. A disciple lives the truth, obedient in all things.

Be ready to take the field for this workout by completing the **Pregame Film Study**. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

### **Pregame Film Study**

1. View or listen to the episode referenced above.
2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

**Huddle Up** – Use these questions for personal reflection to share with your team at the workout.

### **Warm-up Questions:**

1. What particular point(s) caught your attention the most in this episode?
2. What is something useful that you learned from viewing this episode that you can apply in your own life?

### **Workout Questions:**

1. A true disciple is obedient. As a disciple, how is total obedience expressed in one’s life?
2. If we want to become a true Catholic disciple, to whom and what should we be obedient too? Why?
3. I believe many Catholics find our faith too demanding. Do you think our faith is too demanding? What are some areas that you struggle with regarding being obedient to the faith? Why do you think that is so?
4. Jesus was obedient to his Father by accepting death on the cross. How can you express your obedience to Jesus in the practice of your faith?
5. Scripture says, "Render unto Caesar what is Caesar's and to God what is God's." What does it mean to be obedient to the State? What does it mean to be obedient to the Church? Which should take precedence? Why? If the Pope and Bishops are the teaching magisterium of the Church, how should you show your obedience to their teaching in matters of faith and morals?

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**Team Workout Plan** - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

**Postgame Recap** - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

1. Examine your level of obedience. Turn shortcomings over to the Lord.
2. There is obedience in the Church. If you are away, come back to your parish.
3. Pray the rosary daily and ask the Lord to help you walk His way, not yours.

Complete your **Personal Action Item**. 

### **Scripture References**

John 8:31-32

Romans 1:5-6

Luke 10:16

John 6:66-67

John 6:53-60

Matthew 6:33

### **Coaching Tips**

A disciple is passionate about the truth. The truth is a person – *Jesus Christ* – not an idea. We learn and follow the truth through God's words and those teachings conveyed by the Bishops of the Catholic Church.

All power and authority belongs to Jesus Christ. Jesus said the way to happiness is to accept reality. God is God and we are not. Obedience is the heart of Discipleship. Obedience to God and His Church.

### **Catechism Connection**

**144** To obey (from the Latin *ob-audire*, to "hear or listen to") in faith is to submit freely to the word that has been heard, because its truth is guaranteed by God, who is Truth itself. Abraham is the model of such obedience offered us by Sacred Scripture. The Virgin Mary is its most perfect embodiment.

**148** The Virgin Mary most perfectly embodies the obedience of faith. By faith Mary welcomes the tidings and promise brought by the angel Gabriel, believing that "with God nothing will be impossible" and so giving her assent: "Behold I am the handmaid of the Lord; let it be [done] to me according to your word."

**2716** Contemplative prayer is *hearing* the Word of God. Far from being passive, such attentiveness is the obedience of faith, the unconditional acceptance of a servant, and the loving commitment of a child. It participates in the "Yes" of the Son become servant and the *Fiat* of God's lowly handmaid.

**2087** Our moral life has its source in faith in God who reveals his love to us. St. Paul speaks of the "obedience of faith" as our first obligation. He shows that "ignorance of God" is the principle and explanation of all moral deviations. Our duty toward God is to believe in him and to bear witness to him.

**1900** The duty of obedience requires all to give due honor to authority and to treat those who are charged to exercise it with respect, and, insofar as it is deserved, with gratitude and good-will.

See Also: **1269**

### **Personal Action Item**

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

*I commit to becoming spiritually fit by...*